

## **MIMER MEDICAL COLLEGE, TALEGAON DABHADE**

### **DEPARTMENT OF OBSTETRICS & GYNAECOLOGY**

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It gives us immense pleasure to inform that from August 1/8/18 to 7/8/18, breastfeeding week was observed at MIMER Medical College. The department of Obstetrics and Gynecology along with the department of Community Medicine , enthusiastically performed various plays, dramas and videos to bring about awareness of breast feeding amongst mothers and caretakers.

On 02/08/2018 in the antenatal ward, a skit was performed by resident Dr. Amita Patil, Dr. Swati Ghunage & Dr.Chaitali wherein various myths regarding breastfeeding were clarified, importance of colostrum and exclusive breast feeding for first 6 months was stressed upon. A detail demonstration elucidating position while feeding the baby, frequency of breastfeeding and breast care was given by Dr. Priya Karmani , Assist. Professor This was followed by few practical tips and tricks by the Associate professor, Dr. Shashikant Pawar , our HOD Dr. Shivamurthy in the department. Interactive discussions were encouraged to remove self doubts of mothers to be.

The same skit and video demonstration was played on another day 06/08/2018 in the out patient department (OPD).

“Breastfeeding is the foundation of life” - this message was thus conveyed to the target population by interactive sessions between doctors and patients.

















