

WORLD BREASTFEEDING WEEK: 2018

AT URBAN HEALTH TRAINING CENTRE, TALEGAON

On 1st August 2018, on account of the first day of World Breastfeeding Week, an activity was organized at the UHTC. The theme was “Breastfeeding: Foundation of Life”. The activity comprised of talks and videos aimed at educating Anganwadi workers and their beneficiaries about correct breastfeeding and complementary feeding practices. Additionally, a demonstration was conducted by students of the Physiotherapy College, on appropriate breastfeeding positions, related problems and offered solutions. The audience was enlightened on newer breastfeeding guidelines. The programme was conducted by Dr. Mrs. Ashlesha Dandekar under the guidance of Dr. Madhura Ashturkar , Incharge , UHTC , Talegaon



On 07.08.2018 the closing ceremony for World Breastfeeding Week was held at the Jijamata Chowk Anganwadi.

The celebration was presided over by Dr. Madhura Ashturkar and attended by all the anganwadi workers in the field practice area along with interns from the UHTC.

After the inauguration, poems and speeches were given by the anganwadi workers. This was followed by the prize distribution ceremony for the Complementary feeding recipe contest. The winners also shared their techniques to cook tasty and healthy food.



