

## WORLD MENOPAUSE DAY CELEBRATION AT RHTC SUDHUMBRE

Date 19/10/2016

WORLD Menopause day was celebrated at RHTC Sudhumbre on 19/10/2016. Around 40 Anganwadi sevika and women from village sudhumbre were present for the function. They were informed about symptoms, signs and management of Menopause. They were counselled about importance of nutritious diet, calcium supplementation and regular exercise. The programme was organised by Dr. A. Topkhane, Dr. S. Kale. Interns and RHTC Staff was also present for that function.

The programme was organised under the guidance of Dr. Bandana Patnaik, Prof & Head, Dept. Of Community Medicine, MIMER Medical College, Talegaon.

