

MIMER MEDICAL COLLEGE TALEGAON DABHADE
DEPARTMENT OF OBSTETRICS & GYNAECOLOGY

AWARENESS PROGRAMME ON INTIMATE HYGIENE

As it is said ***“AWARENESS IS THE FIRST STEP IN HEALING”*** - The department of Obstetrics and Gynecology of BSTRH and MIMER Medical college, Talegaon conducted an “Awareness program on intimate hygiene” for the patients attending OPD. The program was conducted on 24th May 2019 at 11am in the OBGY OPD which was attended by 40 patients along with their relatives.

Dr. Nayana Dhage, faculty in OBGY spoke about do’s and don’ts about personal hygiene, normal vaginal discharge and about red signals to consult a doctor.

Dr. Janakidevi Mane, faculty in OBGY spoke about menstrual hygiene, disposal of sanitary pads, care during menstruation, taboos regarding menstruating women and physiology of menstruation.

Dr. Sushma Sharma, HOD of department of OBGY conducted the event to educate, encourage and support women to identify their health problems and to consult a doctor without hesitation. Information boards were used for visual demonstration.

The patients were involved in the discussion, so that they could be more open about such a sensitive health topic. A great response was seen in the women.

Refreshment was provided to the patients.

With such events department of OBGY has always been giving good service to the patients and has succeeded to develop a good patient-doctor relation in the catering area.



