

RURAL HEALTH TRAINING CENTRE , SUDUMBRE

NO TOBACCO DAY

THEME: TOBACCO AND LUNG HEALTH

This will increase awareness on: the negative impact that tobacco has on people's lung health, from cancer to chronic respiratory disease, the fundamental role lungs play for the health and well-being of all people.

Health awareness activity was carried out by the Interns/staff of RHTC at Sudmbre village. Health talk was given to explain the side effects of tobacco consumption, how to quit tobacco. The villagers were told to consult our hospital to take advice to quit tobacco. About 25 people were present for the activity.

The activity was carried out with guidance of Dr.S.V. Chincholikar, HOD, Dept of Community Medicine.



